

Laurence A. Kirwan FRCS, Plastic Surgeon Laser Drugs Summary

1. Stay out of sun one month prior to surgery 2. Stay away from patients with active herpes for 10 days before and after surgery 3. Wash hand and face with antibacterial soap twice daily for 3 days before surgery Avoid eye contact To avoid scratching at night wear cotton gloves.			
Before Surgery and Day of Surgery Care	Dose	Frequency	
Diflucan	400 mgm	once	after Surgery
Zithromax	500 mgm (two tablets)	once	Morning of Surgery
Zithromax	250mgm (one tablet)	once	for three days after surgery
Medrol dose pack FOR FULL FACE LASER ONLY	begin day one as directed for deeper resurfacing only		
Bactroban ung	apply to both nostrils	3 days prior and	7 days after surgery
Gentamycin ung FOR FULL FACE LASER ONLY	apply to both external ear canals	3 days prior and	7 days after surgery
Valtrex	500 mgm	twice daily 2 days prior	and 10 days after surgery
AFTER SURGERY CARE:			
cleanse area with Normal saline-RX and apply Aquaphor ointment		2 x's a day	7 days after surgery
AFTER SURGERY DAYS 7-14			
Cetaphil moisturiser			
AFTER SURGERY DAY 14 AND AFTER			
Desowen Lotion-RX		2-3 times daily	5 days on 5 days off
Avoid sun for six months Use ElaMD UV Facial SPF 30+			
RESTART SKIN PROGRAM AT DAY 21 TO 28			
hair coloring one month after			
*Over the counter items to attain from Pharmacy. - 4 x 4 gauze pads - Aquaphor Ointment, Cetaphil Cleanser - Hairbands			