Member
AMERICAN SOCIETY OF PLASTIC SURGEONS

KIRWAN
PLASTIC SURGERY

THE AMERICAN SOCIETY FOR AESTHETIC PLASTIC SURGERY

Name: DOB: Date:

ADVANCED BRIGHTENING PEEL - PATIENT INSTRUCTIONS

DAY 1 – PEEL DAY

1. At the time specified by your skin care professional, [AM / PM] wash treated area using **KIRWAN Soothing Foamy Cleanser** to completely remove the Advanced Brightening Peel.
2. After gently patting skin dry, apply **KIRWAN Hydrating Soothing Balm**.

Some patients with more dry or sensitive eyes may experience redness, excess tear production or other signs of eye irritation while the peel preparation is on the face or for a short time after its removal. Use of an appropriate lubricating eye drop, such as Refresh Plus, available at most drugstores, is recommended to relieve such symptoms.

DAYS 2 TO 30 – MORNING

1. Cleanse skin with **KIRWAN Soothing Foamy Cleanser**.
2. Apply **KIRWAN Hydrating Soothing Balm** as needed.
3. Apply **KIRWAN Sunshade Emollient**.

DAYS 2 TO 30 – EVENING

1. Cleanse skin with **KIRWAN Soothing Foamy Cleanser**
2. Apply **KIRWAN Brightening Crème**. *If excessive redness, itching, peeling or swelling occurs, discontinue use of the **KIRWAN Brightening Crème** and use **KIRWAN Hydrating Soothing Balm** until symptoms subside. In case of swelling, apply cold compresses as needed. Once skin returns to a normal state, resume treatment with **KIRWAN Brightening Crème.***

*In case of extreme dryness or undue irritation, application of **KIRWAN Brightening Crème** may be adjusted to every other night or as directed. **KIRWAN Hydrating Soothing Balm** can be applied morning and/or evening as needed to control excessive dryness and can be used alone or in combination with **KIRWAN Sunshade Emollient** and **KIRWAN Brightening Crème.***

ENHANCEMENT

At your follow up appointment, we will discuss your ongoing skincare regime to maximize and maintain the results of your Brightening Peel.

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