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AMERICAN SOCIETY OF PLASTIC SURGEONS

KIRWAN
PLASTIC SURGERY

THE AMERICAN SOCIETY FOR AESTHETIC PLASTIC SURGERY

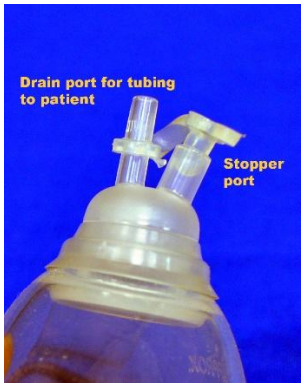
DRAIN INSTRUCTIONS FOR PATIENTS

Name: Age/DOB:

During surgery, drains are inserted to remove blood and other fluids that collect in the surgical site. After surgery, drains remove blood and fluid and decrease the chance of fluid collections and infection and promote wound healing.

Instructions for emptying the drain:

1. Wash your hands
2. Remove the plug from the stopper port.



3. Pour drainage into measuring cup
4. Flatten drainage container and replace the plug into the spout, keeping the container flat will help suction the fluid from the surgery site and speed up the healing process.



NOT



5. **Record** the date, time, amount of drainage and any problems you may have on the **Drainage Record** (on the bottom of this sheet).
6. Empty the container three times a day (when you get up, in the afternoon and before bed)

DRAINAGE RECORD

Instructions for changing the dressing: Change the dressing around the drain site every day, only if instructed to do so..

Symptoms and Problems: Contact your doctor if you have any of the following: redness or drainage around the drain, fever, pain, swelling or inability to keep the drainage container flat.

Please remember to bring this record with you to your next appointment. Your doctor will need to see the amount of drainage and information you have recorded below.

Date	Time	Amount	Symptoms	Date	Time	Amount	Symptoms